

NSW Long Term Water Plans: Background Information

A description of the development of the 9 LTWPs in NSW

Part C: Environmental water requirements

Department of Planning and Environment

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Overview of the background information document

NSW Long Term Water Plans (LTWPs) bring together information from a range of planning material, scientific literature and expert opinion. This varied and complex information has been interpreted and analysed to produce new information products and tools to support development of the plans. The purpose of this background information document is to:

- describe the information sources that informed the development of the LTWPs
- describe how this information was interpreted and analysed
- outline the rationale behind the analyses, methods, assumptions and decisions that have underpinned the LTWPs
- provide a reference for future revision of the LTWPs.

The background information document has been divided into 4 parts for ease of use:

Part A: Introduction

- 1. Background to the development of NSW Long Term Water Plans
- 2. Priority environmental assets

Part B: Objectives and targets

- 3. Introduction to Part B
- 4. Native fish objectives and targets
- 5. Native vegetation objectives and targets
- 6. Waterbird objectives and targets
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9. Introduction to Part C

In order to achieve the objectives and targets set out in Part B, flow requirements to support those objectives need to be defined. Chapter [10](#page-6-1) describes how the environmental water requirements to support those objectives and targets were developed.

10. Developing environmental water requirements

10.1. Background

Flow regimes determine the ecological characteristics of riverine ecosystems (Poff and Zimmermann 2010). The flow regime is the long-term sequence and pattern of flow events in the river over time. Individual flow events shape and maintain river channels, provide cues for key ecological processes such as breeding or migration, support dispersal of plants and animals and connect the river to its floodplain (Lytle and Poff 2004; Poff et al. 1997). Over the long term, it is the flow regime that dictates population stability and ecosystem resilience.

The inherent variability of flow regimes can be simplified by partitioning them into flow categories, such as baseflows, freshes, and overbank flows [\(Figure C.2\)](#page-11-0). Flow categories characterise different types of flow events. Each flow category can support a range of ecological outcomes. For example, small freshes might inundate river benches that provide access to food for native fish and support in-channel vegetation. Similarly, overbank flows may support carbon and nutrient exchange between the river and its floodplain (increasing productivity) and improve river red gum condition.

Meeting the lifetime needs of an aquatic organism (plant or animal) might require a combination of several different flow categories over time. For example, a native fish species may require a 'small fresh' as a 10-day pulse in late winter to cue spawning, followed by a relatively stable flow for 2–4 weeks in early spring to support nesting. Frequent freshes and overbank events may be required to provide food resources, and once the fish reaches maturity (1–3 years) it may require a fast-flowing river in combination with 'overbank' flows to trigger dispersal and migration.

An environmental water requirement (EWR) for the purpose of NSW Long Term Water Plans (LTWPs), describes a set of recommended flow characteristics (flow threshold or volume, duration, timing, frequency, maximum inter-event period) for each flow category to meet a particular set of environmental objectives. For each flow category (e.g. baseflows or small freshes), there may be multiple different EWRs (small fresh 1, 2, etc.), each aimed at meeting specific objectives, and differing in duration, timing f requency, etc. The description of the flow regime^{[1](#page-6-3)} that water-dependent populations and communities require to ensure survival and persistence over the long term is found in Table 10 of Part A of the LTWPs. The complete set of EWRs for the catchment at individual river gauges are found in Part B of the LTWPs (in the relevant planning unit section).

¹ These are not EWRs and do not include flow rates or volumes. Tables in Part A of the LTWP should not be used to assess EWRs from hydrological model outputs.

While the EWRs attempt to define the critical elements of water flows in rivers and floodplain wetlands, they are a coarse representation of the water requirements of water-dependent species and functions, and resilient river and wetland ecosystems. EWRs capture the minimum water needed to support the environment and we would expect further enhancement of values with more water. However, more research is needed to better quantify the relationship between environmental outcomes and each of the metrics described in the EWRs. The NSW Department of Planning and Environment (the department) is currently collecting flow and environmental data that will be used to further refine EWRs as our knowledge and water management strategies improve over time.

Determining EWRs involved the assimilation of large amounts of contemporary information, including from:

- peer-reviewed scientific studies, grey literature and expert knowledge on the flow requirements of fauna and flora species
- data and mapping describing species distributions
- monitoring and evaluation data describing population condition and the outcomes of past flow events
- river operators and environmental water managers' knowledge and experience
- river channel cross-sections
- inundation and habitat mapping and modelling
- satellite imagery showing the spatial extent of inundation during specific events
- observed flow time series and outputs from river system models.

In assimilating this information to determine EWRs, the following 4 broad tasks were undertaken:

- 1. Determine Basin or regional-scale 'generic' EWRs for thematic groups to support ecological functions and water-dependent species and their lifecycle stages (Section [10.3\)](#page-16-0).
- 2. Determine the broad flow regime for each catchment (integrating all waterdependent thematic groups: fish, waterbirds, vegetation, other species (namely frogs) and ecosystem functions) (Sectio[n 10.4\)](#page-44-0).
- 3. Determine specific EWRs for each planning unit (Sectio[n 10.5\)](#page-45-0).
- 4. Determine specific flow rates at a gauge for EWRs (Section [10.6\)](#page-46-0).
- 5. Refine the specific flow rates through analysis of modelled and observed hydrological time series of flows (Section [10.7\)](#page-47-0)

In addition to setting specific EWRs, recommendations were developed for catchments' unregulated water sharing plans (WSPs) to support ecologically important flow categories.

The methods described in this chapter for developing EWRs in the LTWPs were generally applied to all catchments in the NSW Murray–Darling Basin (MDB). A schedule for each catchment was developed to provide a detailed description of how the general method was applied to a specific catchment to inform decisions based on the unique information available.

10.2. General principles applied

The determination of EWRs has adopted the following principles:

a. EWRs identify the specific flows required to achieve environmental objectives

The EWRs focus on those components of the flow regime that are considered important for achieving the environmental objectives. Accordingly, the EWRs do not seek to restore flows to natural or pre-development conditions, rather they describe a targeted set of flow events and conditions required to achieve the environmental objectives established for the identified environmental assets.

b. EWRs reflect environmental needs

EWRs are not limited to current environmental water delivery constraints, rather they specify the flows required to achieve the environmental objectives. This will enable transparent identification of where delivery constraints are impacting on achieving environmental objectives and will inform future program delivery (e.g. the Constraints Management Strategy), monitoring and evaluation, and policy development. Constraints to delivery are noted and EWRs that cannot be achieved under current arrangements are clearly identified in most instances.

c. Multiple lines of evidence

Our knowledge of freshwater ecosystems and their flow or watering needs is imperfect. Consequently, the determination of EWRs has drawn upon best available information. This includes peer-reviewed scientific publications, management reports, topographic data, satellite imagery, monitoring data, river management experience and flow data (both observed/gauged and model outputs). Wherever possible, multiple sources of information have been used to improve confidence in the EWRs.

d. All water and all flows are important

A variety of water types will contribute to achieving the EWRs, including unregulated ('natural') flows, consumptive water in-transit, conveyance water, planned environmental water and held environmental water. Environmental water will make a significant contribution to achieving the EWRs; however, meeting many EWR targets will only be achieved through the contribution and coordination of multiple water types. EWRs therefore include the full range of flows and water types.

e. Achieving ecological objectives may require more than water

While the provision of the EWRs is considered essential in achieving the objectives and sustaining the assets, it is recognised that other actions such as land management, water quality management and pest plant or animal control may also be required to achieve the objectives and sustain the assets. Such complementary actions are typically noted in association with the EWR where specific knowledge is available.

f. Knowledge will improve over time

It is important to recognise that our understanding of freshwater ecosystems continues to develop including in response to monitoring, scientific research, observed outcomes from flow events and improved understanding of traditional and local knowledge. The EWRs specified in the LTWPs represent the state of our knowledge at the time the plans were written. As the plans are implemented and reviewed, and new knowledge becomes available and is shared, it will be considered when planning environmental watering events and in revising future LTWPs.

10.2.1. Basin Plan requirements

Chapter 8, Part 5 of the Basin Plan provides some requirements for determining EWRs. As specified in the Basin Plan 8.49 1I it is a requirement to 'determine the environmental watering requirements needed to meet the targets in order to achieve the objectives'.

This is to be done in accordance with Section 8.51 of the Basin Plan:

Section 8.51 Determination of environmental watering requirements of environmental assets and ecosystem functions

The environmental watering requirements referred to in paragraphs 8.49(1)(e) and 8.50(1)(e) must:

- a. be supported by relevant information relating to the underlying physical geomorphic processes driving the flow-ecological relationship; and
- b. include the following flow components that are relevant to the watering requirements:
	- i. cease-to-flow events;
	- ii. low-flow-season base flows;
	- iii. high-flow-season base flows;
	- iv. low-flow-season freshes;
	- v. high-flow-season freshes;
	- vi. bank-full flows;
	- vii. over-bank flows; and
- c. be determined having regard to:
	- i. groundwater-derived base flows; and
	- viii. groundwater recharge associated with groundwater resources that are highly connected to surface water resources; and
- d. be within the range of natural flow variability and seasonality.

The environmental watering requirements must be expressed, where relevant, in the following terms:

- a. a flow threshold or total flow volume;
- b. the required duration for that flow threshold, or the duration over which the volume should be delivered (as the case requires);
- c. the required timing of the flow event;
- d. the required frequency of the flow event;
- e. the maximum period between flow events;
- f. the extent and thresholds for any groundwater dependency;
- g. the required inundation depth at the site.

As identified in the Basin Plan requirements, EWRs are described by at least the following 5 variables: (1) flow magnitude or volume, (2) duration of flow event, (3) frequency of flow event, (4) timing of flow event, and (5) the maximum duration between flow events [\(Figure C.1\)](#page-10-0). Other variables included where relevant or known include the rate of rise and fall, flow velocity and water temperature.

Specifically, EWRs are expressed using either a flow magnitude (typically megalitres per day) or total flow volume (typically megalitres), measured at a specific river gauge. In many cases, specific environmental objectives may be achieved for any flow that exceeds the specified threshold, so long as the other requirements such as duration are met. An example of this may be the watering of a vegetation community, where any flow that inundates the community may be beneficial. However, in other cases the achievement of specific environmental objectives may be compromised if flows are too high (e.g. a flow pulse may be required to trigger spawning of some fish species but flow rates that are too high may wash away fish eggs and larvae). In these cases, EWRs are expressed as a minimum and maximum flow magnitude.

10.2.2. Flow categories

The term 'flow categories' describes the different parts of a hydrograph that are considered relevant in achieving environmental objectives and described as a flow magnitude (listed in the Basin Plan Section 8.51(1)(b) and illustrated i[n Figure C.2\)](#page-11-0). [Table](#page-12-0) [C.1](#page-12-0) defines the flow categories for the purposes of developing the LTWPs. Specific variations of these broad flow categories exist (e.g. nesting flows, anabranch connecting flows, etc.) and will be described in the catchment specific Schedules where relevant.

Figure C.2 Flow categories shown as river level stages on the cross-section of a river channel

The combined, long-term behaviour (frequency, duration, rates of rise and fall, persistence, or time between events) of the different components of a river's hydrograph determine the flow regime and each flow category serves important ecological functions.

Table C.1 Definitions of flow categories and ecological response for river and stream channels (adapted from Alluvium 2010 and Eco Logical Australia 2012)

10.3. Determining Basin or regional-scale environmental water requirements to support water-dependent biota

The flow requirements of specific species are often consistent over broad spatial scales (e.g. the flow requirements of golden perch are reasonably consistent across the MDB). There is also often alignment in the flow requirements for different species. This allows the flow requirements to be grouped according to functional groups or ecological communities and represented as 'generic' EWRs that apply at a broad spatial scale.

Establishing generic EWRs involved:

- 1. placing species within each thematic group (i.e. fish, vegetation, waterbirds and frogs) into functional groupings that have similar flow requirements (e.g. floodplain specialist fish species that require overbank flows)
- 2. identifying the flow-dependent processes or lifecycle stages (e.g. fish spawning or dispersal) for each functional group or community
- 3. identifying the flow events required for each flow-dependent process or lifecycle stage. These describe the flow events required for the relevant lifecycle stage (e.g. freshes or overbank flows), and the required characteristics of those flow events (timing, duration, frequency)
- 4. identifying the important elements of the flow regime required to support priority ecosystem functions (PEFs), depending on where they are located in each catchment.

The generic EWRs for each thematic group (native fish, native vegetation, waterbirds, frogs and platypus) are provided in Part D of this document at Appendix 10.2, 10.3, 10.4, 10.5 and 10.6, respectively.

10.3.1. Flow requirements for native fish

Native fish have evolved in a highly variable system that is characterised by extreme environmental conditions (Baumgartner et al. 2014; Humphries et al. 1999). Hydrological variability (e.g. diverse wetting and drying cycles, fluctuating temperatures) plays an integral role in influencing the structure and diversity of aquatic communities (Baumgartner et al. 2014; Rolls et al. 2013).

Flows, habitat and hydrological connectivity are essential for healthy native fish populations, with flows playing a range of important roles [\(Figure C.3\)](#page-17-0), including:

- creating the hydrodynamic diversity needed for fish habitat (particularly for species that rely on flowing habitats, such as Murray cod, golden perch, silver perch, trout cod and Macquarie perch)
- maintaining health of instream and emergent vegetation and other habitat features needed by many fish species
- influencing quality, size and persistence of refuge habitats in dry periods
- inundating in-channel benches and floodplains to support carbon and other nutrient cycling, which is important for system productivity and fish maintenance, recruitment and condition
- enabling access to a range of aquatic habitats
- providing cues that stimulate movement, such as for spawning or larval dispersal (movement may be longitudinal migration along the river, or lateral movement into off-channel habitats such as wetlands, billabongs and anabranches).

Figure C.3 The influence of flows on different lifecycle stages of native fish (adapted from MDBA 2014)

While flow management has often focused on hydrology (water volume or threshold, duration, seasonality and timing), the hydrodynamics of flow is equally important (Mallen-Cooper and Zampatti 2015). This includes parameters such as flow depth, width, velocity, direction and turbulence. River regulation is particularly detrimental to flow hydrodynamics, often producing still or slow-flowing aquatic environments (Schmutz and Moog 2018). In addition to this, water quality is as important as water quantity, including appropriate water temperature, levels of oxygen, pH, salinity, chemical cues and food content, and is equally influenced by river regulation (MDBA 2014, p.41; Mallen-Cooper and Zampatti 2015). It is possible to establish relationships between hydrology and hydraulics based on gauged stream flow data and stream cross-sectional data (e.g. what type of flow results in velocities >0.3 m/s and weir drown out flow rates for stretches of rivers) (Mitrovic et al. 2010).

Fish use flows at a variety of scales, from the 'micro-level' (<100 m) to medium-scale (100s of metres to 10s of kilometres) and macro-scale (from 10s of kilometres to 100s of kilometres, e.g. across the whole MDB) (Mallen-Cooper and Zampatti 2015). Effective flow management for native fish therefore requires consideration of flow aspects at different spatial scales, as well as the consideration of flow variability, with different parts of the hydrograph playing important roles for fish lifecycles (Appendix 10.1, [Table](#page-21-0) [C.2](#page-21-0) and Appendix 10.2).

The range of spawning and recruitment behaviours exhibited by native fish species of the MDB means it is highly unlikely a single flow regime will provide optimal benefits for the entire fish community in a system (Baumgartner et al. 2014; DPI 2013). To optimise native fish outcomes from water management decisions, it may be more effective to form hydro-ecological functional groups of fishes based on certain flow-related attributes (Baumgartner et al. 2014; Baumgartner 2011; DPI 2013; Humphries et al. 1999; Lloyd et al. 1991; Mallen-Cooper and Zampatti 2015). The approach of classifying fish

species into functional groups is a valid way of simplifying flow requirements for fish and maximising environmental benefits from water use (DPI 2013; Growns 2004; Humphries et al. 1999; Mallen-Cooper and Zampatti 2015).

Native fish functional groups were developed using the latest scientific knowledge and expert opinion (DPI 2015; Ellis et al. 2016). Criteria for classification were:

- cues for migration, dispersal and spawning (temperature and/or flow)
- scale of spawning migration (10s to 100s of metres; 100s of metres to 10s of kilometres; 10s to 100s of kilometres)
- whether it is a nesting species or not
- whether it spawns in still/slow-flowing water or in fast-flowing habitats
- egg incubation time (short 1–3 days; medium 3–10 days; long >10 days) and egg morphology
- temporal and spatial scales of larval drift and recruitment.

Based on these physiological and behavioural traits for freshwater fishes in the MDB, 5 functional groups of native fish were developed and linked to flow characteristics [\(Figure C.4\)](#page-20-0). It is important to note that, while these functional groups have differing flow requirements, it is still possible to design a flow regime that meets the needs of multiple fish groups.

These functional groups of freshwater fish can be used to assist with environmental water planning to develop specific EWRs that benefit native fish. There are a number of basic principles^{[2](#page-18-0)} to be considered when developing EWRs for native fish:

1. The natural flow regime is one of the most important principles underpinning the development of conceptual flow models for native fish in the MDB.

The natural flow regime provides a strong foundation for the rehabilitation of flows; however, impacts of river regulation that have affected connectivity, access to habitat and altered fluvial geomorphology also need to be considered in specific planning objectives (Mallen-Cooper and Zampatti 2015).

2. Water quality, and not just water quantity, needs to be considered when developing and delivering water requirements for native fish.

- Water temperature drives life history responses for most native species, whilst water clarity, DO and productivity (related to chemical, nutrient and plankton composition) also play an important role in maximising benefits to species (Górski et al. 2013; Jenkins and Boulton 2003; Mallen-Cooper and Zampatti 2015; Zampatti and Leigh 2013).
- The influence of water quality parameters, such as temperature, on guiding flows for fish outcomes means that management actions will primarily occur in the warmer spring and summer months. Nevertheless, the importance of replenishing critical refugia and supporting base flows throughout the year, and late-winter high flow events, will need to be considered given their importance for water quality maintenance and riverine productivity (Robertson et al. 2001).

² These basic principles were applied where possible and where information existed to support them. Specific application and information used for each catchment can be found in the relevant Schedules.

- **3. The importance and interdependency of the fundamental riverine elements of flow, habitat and connectivity for the dynamics and response of native fish populations, need to be considered when making flow management decisions and actions (Mallen-Cooper and Zampatti 2015).**
	- These 3 key factors determine the need for still water or flowing environments, the spatial scale at which connectivity and hydraulic complexity needs to be maintained, and the variation in flow needed to allow access to habitat and completion of lifecycles (Mallen-Cooper and Zampatti 2015).
- **4. Appropriate flow height and flow velocity relationships in waterways of the MDB should be determined based on the connectivity and hydraulic requirements of native fish.**
	- These relationships may be guided by overarching principles related to:
		- o maintaining water quality by preventing stratification of refuge pools (Mitrovic et al*.* 2003)
		- o providing minimum depths for movement of species (Fairfull and Witheridge 2003; Gippel 2013; O'Connor et al. 2015)
		- o changes in height or velocity to trigger native fish responses, noting the need to adapt flow height and velocity relationships to specific systems, species and spatial and temporal scales (Bice, Zampatti and Mallen-Cooper 2017; Mallen-Cooper and Zampatti 2015; Marshall et al. 2016).

Figure C.4 Details of fish functional groups developed to assist with water management activities (adapted from DPI 2015 and Ellis et al. 2016)

These principles, as well as consideration of responses of native fish to flow categories, reproductive biology, recruitment ecology, habitat requirements, spatial scales and geographic distributions were used to develop EWRs for fish. It is important to note that these EWRs represent ideal flow conditions needed to maximise the opportunities for native fish populations in a highly modified ecosystem. In most cases the EWRs should occur regularly in the historical flow record; however, native fish populations have been significantly affected by a range of impacts across the MDB. To improve these populations, it may be necessary to implement aspects of flow regimes that do not

necessarily reflect 'natural conditions' but seek to balance the impact of river regulation in a working MDB.

The general ideal native fish EWRs found in Appendix 10.2 were adapted to Basin Plan implementation activities, including LTWPs, to help define what can be achieved for the protection and improvement of native fish populations with improved hydrological regimes. The EWRs may be used for examination of historical conditions (both modelled and observed) to inform the likelihood of the requirements being met; however, this analysis should not change the minimum requirements identified, which should be adapted as needed as part of planning and implementation activities. It is anticipated that the implementation of these EWRs will contribute to the achievement of overarching Basin Plan outcomes and catchment specific objectives and targets for native fish[. Table C.2](#page-21-0) describes the flow regime required to support native fish objectives in the LTWP.

Table C.2 Important flow regime characteristics required to deliver LTWP native fish objectives

10.3.2. Flow requirements for water-dependent vegetation

Riparian, wetland and floodplain vegetation communities are integral components of freshwater ecosystems (Naiman et al. 2010), mediating geomorphic processes and modifying landform dynamics (Brierley and Fryirs 2005), runoff and water quality (Tabacchi et al. 2000). Vegetation is important in nutrient cycling and transformation and contributes organic matter to riverine ecosystems (Wolfenden et al. 2004). Healthy vegetation communities provide valuable habitat, drought refuges and movement corridors for many plants and animals in the MDB (Catterall et al. 2006; Johnson et al. 2007; McGuinness et al. 2010; Tzaros et al. 2014; Woinarski et al. 2000).

The riverine, wetland and floodplain habitats of the MDB support a mosaic of different vegetation communities ranging from woody forests, woodlands and shrublands to herbaceous communities and understoreys of high plant species diversity (Roberts et al. 2016). The availability of water in the landscape (both shallow groundwater and surface water) and local inundation regimes, combined with climatic conditions, influences plant germination, survival and reproduction, and ultimately determines the position of species in the landscape (Casanova 2015). The water regime (the short and long-term pattern of wetting and drying) is a major determinant of the composition of riparian, wetland and floodplain vegetation communities [\(Figure C.5\)](#page-25-0) (Reid and Capon 2011; Roberts and Marston 2011). Floods drive short-term floodplain vegetation production (Thapa et al. 2016) whilst the inundation regime is a key determinant of floodplain vegetation communities (Barrett et al. 2010). However, water resource development has grossly altered flow regimes in MDB rivers, reducing flow volumes, inundation extent, longitudinal and lateral connectivity, inundation frequency, and flow variability (Kingsford 2000; Maheshwari et al. 1995; Ren et al. 2011; Thoms and Sheldon 2000). In combination with agricultural development, this has reduced the extent of floodplain vegetation and has been detrimental to vegetation condition (Ballinger and Mac Nally 2006; Bowen and Simpson 2010a,b; Cunningham et al. 2007; Kingsford and Thomas 2004; Mac Nally et al. 2011). In many wetlands reduced inundation frequency and duration has been followed by a transition from wetland communities to terrestrial vegetation types (Bino et al. 2015; Bowen and Simpson 2010b; Thomas et al. 2010; Thomas et al. 2011). However, in other parts of the river system, river regulation and the construction of weirs has stabilised water levels and created permanent waterbodies, which has altered the aquatic and littoral plant communities (Blanch et al. 2000).

Figure C.5 Stylised example of hydro-ecological groups of native vegetation, their position on the floodplain and their watering frequency (from MDBA 2014)

To better manage for the water requirements of particular species or functional groups of wetland and floodplain plants, we need to understand the variability of the inundation regime in terms of frequency, duration and timing, as well as the water depth and tolerance to submersion, and how long species can tolerate dry periods (termed the inter-event or dry spell duration) for plants to remain healthy (Roberts and Marston 2011). The duration and inundation frequency required for growth and regeneration can vary widely within and between species. In response to variable water availability, wetland vegetation communities will naturally transition between wet and dry adapted species. During the recession of inundated areas, species diversity may increase as the conditions change to suit both amphibious and dry adapted species. Prolonged dry periods between inundation events can inhibit regrowth of non-woody vegetation when rewetted, an important consideration for water planning for wetland recovery.

Variability in the size and duration of flows (across the range of baseflows, freshes, bankfull and overbank flows) throughout the year will promote diverse plant communities. Regular inundation of wetlands will also encourage a dominance of native species over exotic species, as the latter tend to be intolerant of inundation (Catford et al. 2011), although there are exceptions (e.g. lippia) (Roberts and Marston 2011). Increasing the groundcover of flood-dependent non-woody vegetation will stabilise riverbanks, reduce erosion risk and help to improve water quality.

To determine the water requirements for native water-dependent flora in the NSW portion of the MDB, a comprehensive list of the vegetation communities within each catchment was compiled from all available spatial datasets. Each vegetation community was aligned with the plant community types (PCTs) listed under the department's Environment and Heritage Group (DPE–EHG) Vegetation Classification (OEH 2014, 2017).

PCTs were then allocated to water-dependent vegetation types defined in the BWS (MDBA 2019), based on the dominant species of the community and the water dependency of the community. The BWS groups were found to be too broad for informing water management, so hydro-ecological functional groups were developed by grouping PCTs based on the dominant plant species with similar life forms, habitats (riverine, wetland, floodplain) and inundation frequency requirements [\(Table C.3\)](#page-26-0).

Table C.3 Native vegetation hydro-ecological functional groups developed for the LTWPs and their known range of inundation frequency required to maintain the vegetation state (expressed as an average recurrence interval (ARI))

See Appendix 10.3 for more details on watering requirements for maintenance, recruitment and recovery.

Hydro-ecological functional group	Example PCT numbers	Example dominant species	BWS group	Inundation frequency (ARI)
Non-woody (within and closely fringing channels)	23, 53, 166, 181, 182, 205, 238, 242, 336	common reed; cumbungi and submerged aquatic macrophytes (e.g. ribbonweed)	non-woody water- dependent vegetation	1 in $1-2$ years
Non-woody (wetlands and floodplains)	204, 50, 160	common reed; cumbungi; water couch; moira grass; nardoo; milfoils	non-woody water- dependent vegetation	1 in $1 - 2$ years to 1 in $2-7$ years ³

³ Frequency depends on where in the catchment the PCT is located. More frequent flows are required for PCTs that are found in lower parts of the channel or in low-lying floodplains, and longer frequencies are sufficient for PCTs that are located higher up on the floodplain or in ephemeral reaches and wetlands.

The water requirements (including frequency, duration, seasonality and maximum interevent period) for each of the dominant species in the PCT was further defined using published literature sources where available (Casanova 2015; Roberts and Marston 2011; Rogers 2011) and the water requirements of vegetation communities collated for the Murray–Darling Basin Authority (MDBA) assessment of EWRs for the proposed Basin Plan (MDBA 2012a,b). Published literature describing water requirements was not available for all PCTs. In those cases, PCTs were assumed to be supported by the flows described for vegetation communities in their corresponding hydro-ecological functional group. The information presented in Appendix 10.4 provides a summary of the water requirements to support the maintenance, recruitment, recovery and improvement (and/or vegetative expansion) for some of the main PCTs in each hydroecological functional group, and was used to define the specific EWRs needed to support the objectives in different catchments across NSW. [Table C.4](#page-27-0) describes the flow regime required to support flood-dependent vegetation objectives in the LTWP.

Table C.4 Important flow regime characteristics required to deliver LTWP native waterdependent vegetation objectives

⁴ Increased cover of non-woody, inundation tolerant vegetation on banks is likely to stabilise bank material and therefore reduce the risk of excessive bank erosion.

⁵Individual LTWPs may have other vegetation communities not listed here, e.g. Coolibah woodlands

10.3.3. Flow requirements for waterbirds

At least 102 species of waterbirds have been recorded in the NSW portion of the MDB. These species can be split into functional groups with similar habitat requirements [\(Figure C.6\)](#page-30-0). The numbers of waterbird species and total number of individuals can change rapidly in response to inundation, specifically increases in total wetland area and the diversity of inundated floodplain wetland habitats. When inundated, floodplain habitats provide feeding and breeding habitat for a range of waterbird species.

Waterbird species richness is greatest when there are varying water depths across a range of wetland types (Taft et al. 2002). Deeper wetlands provide habitat for fisheating waterbirds and diving ducks, whilst shallow, vegetated wetlands provide feeding habitat for dabbling ducks and large waders. Emergent aquatic vegetation at the margins of waterbodies provides habitat for cryptic crakes, rails and bitterns. As wetlands dry, exposed mudflats provides feeding habitat for resident and migratory shorebirds [\(Figure C.8\)](#page-32-0).

Figure C.6 Waterbird species can be grouped according to their habitat requirements, which are influenced by the flow regime (reproduced from Brandis et al. 2009)

For example, large waders such as spoonbills feed in shallow vegetated wetlands, while many piscivores, including pelicans and cormorants, feed in deeper more open waterbodies, and shorebirds (or small waders) prefer open waterbodies with shallow muddy shorelines.

The 5 waterbird functional groups described by Bino et al. (2014) and used in the BWS are: ducks and grebes, herbivores, piscivores (fish-eating waterbirds), large waders, and shorebirds (or small waders). Waterbirds may also be grouped according to their breeding requirements as non-colonial or colonially-nesting species. Non-colonial waterbird species include waterfowl (ducks, geese and swans), grebes, crakes, rails and waterhens, and resident shorebirds. These species generally do not congregate in large numbers to breed but they are still dependent on wetlands for nesting and feeding habitat to raise their young. Colonially-nesting waterbirds can gather in very large numbers (100s to 1000s of individuals) at some sites, called colonies, when their breeding and feeding habitats are inundated [\(Figure C.7\)](#page-31-0). They include pelicans, cormorants, darters, ibis, egrets, herons and spoonbills. These waterbird groupings are used to describe the objectives and targets in the LTWPs.

Figure C.7 Large colonies of waterbird species including ibis (left) and pelicans (right) can form in floodplain wetlands when conditions are suitable for breeding (Photos: Paul Packard/DPIE, December 2016)

More than 60% of colonial waterbird breeding events in Australia have been recorded in the MDB (Brandis 2010) and breeding at some of these sites can be supported with environmental water (Bino et al. 2014; Spencer 2017). Colonially-nesting species such as egrets and ibis require appropriately timed flows of sufficient duration, depth and extent to allow birds to pair-up, build nests, lay eggs, and raise and fledge their young successfully (Kingsford and Auld 2005; Scott 1997). Breeding is initiated once floods reach a certain magnitude and the overall size of breeding response is determined by the extent of inundation, with larger and longer floods associated with a greater number of colonies overall and the presence of large (>5,000 nests) colonies (Spencer 2017).

The total duration of the nesting period varies greatly among species, as some adults continue to feed their young for several weeks until they reach independence [\(Figure](#page-32-0) [C.8\)](#page-32-0). For most colonially-nesting waterbird species a minimum of 90–120 days is required to encompass the pre-, during and post-nesting periods (Brandis and Bino 2016). Some colonial species, such as straw-necked ibis, are particularly sensitive to falling water levels in their colony sites and surrounding habitats, which can cause adults to abandon their nests (Brandis et al. 2011; Carrick 1962; Magrath 1991).

Flows also need to inundate foraging grounds adjoining key colony sites to support successful waterbird breeding. For open-water, fish-eating species such as cormorants and pelicans, proximity to large deep waterbodies that sustain large fish populations is important, while for large waders such as egrets and ibis, proximity to flooded marshlands and croplands is likely to be important (Platteeuw et al. 2004). There are also other non flow-related factors that can influence waterbird breeding including loss of suitable habitat through vegetation clearing, predation by feral animals and outbreaks of avian diseases (Brandis 2017; Brandis et al. 2020, McGinness et al. 2019; Spencer 2010).

Figure C.8 Representation of how key flow parameters (total river flow, inundated area, water depth and inundation duration) influence colonial waterbird breeding (adapted from Brandis and Bino 2016)[6](#page-32-1)

Knowledge of the water requirements of different waterbird species informs watering strategies and can be used to evaluate whether these strategies have met the timing, duration and frequency requirements for different waterbird groups. For the purposes of LTWP development, 7 hydro-ecological waterbird groups were developed through consultation with the department's water managers. These 'hydro-ecological groups' are similar to the BWS waterbird groups described above, except they are more explicitly linked to habitat types that can be targeted with water management. They include open waterbodies (open water foragers), wetlands with emergent vegetation including reedbeds *Phragmites australis* (emergent-vegetation dependent), flooded grasslands (herbivores), shallow wading habitat (large waders and small waders) and broad wetland types (wetland generalists).

The shorebird (or small wader) groups included a resident species group (e.g. stilts, avocets and dotterels) that are resident in Australia and may breed in wetlands in the MDB, and a separate migratory shorebird group for species recognised on international bilateral agreements that Australia has signed with Japan (JAMBA), China (CAMBA) and the Republic of Korea (RoKAMBA). Migratory shorebirds spend their breeding season in the Northern Hemisphere and use wetlands in the MDB during their non-breeding season (September–April).

To collate information on water requirements we allocated each of the waterbird species recorded in the NSW MDB to a hydro-ecological group. Our list contained 102 waterbird species, including 16 species listed as vulnerable or endangered in NSW (NSW *Biodiversity Conservation Act 2016*), 7 species listed as nationally endangered or critically endangered (Commonwealth *Environment Protection and Biodiversity Act 1999*),

⁶ Once nesting begins the duration of flooding and water depth needs to be sufficient to meet total breeding duration requirements (laying and incubation of eggs through to raising of offspring through the nesting and post-fledgling dependent period), which vary among species.

27 species listed on one or more migratory bird agreements (JAMBA, CAMBA or RoKAMBA) and 6 vagrant species not typically found in Australia. Information on waterbird habitat requirements was collated from unpublished reports, scientific literature and previous reviews by Marchant and Higgins (1990,1993), Higgins and Davies (1996), Brandis et al. (2009), Brandis and Bino (2016) and Rogers (2011). We identified information that related to water management including the timing, duration, frequency, rate of fall and maximum inter-event period (Appendix 10.4).

There are considerable knowledge gaps around life history aspects of most waterbird species including information on site fidelity, longevity, age at sexual maturity or how the age of adult birds influences breeding success. This reduces confidence in determining the ideal frequency of small, medium and large overbank flows as well as the maximum inter-event period. In this context, the information in Appendix 10.4 is a broad guide only. [Table C.5](#page-33-0) describes the flow regime required to support waterbird objectives in the LTWP.

10.3.4. Flow requirements for PEFs

Ecosystem functions are the physical, geochemical and biological exchanges and processes that contribute to the state, integrity and regulation of an ecosystem (Odum 1953). In river and floodplain wetland ecosystems, flow and inundation regimes drive their ecological characteristics (Overton et al. 2009; Poff et al. 1997). Flow regimes determine and maintain river channel form and wetland formation and configuration, and control the patterns of wetting and drying and the intervals between inundation of floodplain habitats. They also prompt key ecological processes such as nutrient cycling and energy flow, breeding and migration, and dispersal of plants and animals.

Different components of the flow regime provide for a range of ecological functions over a broad range of spatio-temporal scales [\(Table C.6\)](#page-38-0). Overbank flows replenish the soil moisture profile on floodplains leading to a surge in terrestrial and wetland vegetation production, and revive and reconnect floodplain habitats to the main river channel (Baldwin et al. 2013), while at the same time liberating large quantities of dissolved organic carbon (DOC) and nutrients from floodplain sediments and coarse particulate organic matter (CPOM) stored on the floodplain (Baldwin et al. 2016; Ballinger and Lake 2006). However, such events are infrequent whereas the more frequent freshes that are retained within the channel regularly wet inset-benches, releasing smaller pulses of DOC and nutrients that supports in-channel biota (Sheldon and Thoms 2006; Southwell and Thoms 2011).

Lateral and longitudinal connectivity is fundamental in supporting many of the key ecosystem functions in riverine environments. Improved hydrological connectivity along river systems and between rivers and their floodplains is pivotal for moving nutrients, carbon and sediments, enhancing productivity, allowing organisms to disperse and improving water quality (MDBA 2014).

Refugia

Refugia can occur within the main river channels, such as instream pools, or in offchannel habitat where water persists after disconnection from the channel, such as in billabongs and anabranches. The refugia can contain different types of habitat, such as logs, wet undercut banks, riffles, subsurface stream sediments, and riparian or wetland vegetation (Boulton 2003). Minimum flows that can inundate these areas and maintain water quality or vegetation communities (e.g. very low flows, baseflow, and in some instances freshes and small wetland inundating flows) are critical to the survival of many aquatic species during dry spells and drought, and act as source populations for subsequent recolonisation and population growth (Adams and Warren 2005; Arthington et al. 2005). Refugia should be the highest priority for protection, especially during drought.

Quality instream habitat

The physical form of instream habitats, including the location of riparian and instream vegetation, channel shape and bed sediment, is sculpted by river flow (Bunn and Arthington 2002). Flow pulses (freshes) and bankfull flows with sufficient velocity are required to maintain pool depth and riffles by scouring out bed material and initiating material transportation downstream (Davie and Mitrovic 2014). Changes to the rates of rise and fall of river levels can also impact the quality of instream habitat by increasing riverbank erosion through bank collapse (Walker and Thoms 1993).

Variable flows and water levels (in the case of reaches affected by weirs) are also important for providing a diverse range of hydraulic environments for aquatic biota. These include slackwater (slow-flowing) zones at channel margins and areas of fastflowing water to support native fish movement and spawning.
Another aspect of habitat quality is appropriate wetting–drying regimes of wetlands and channel margins to allow aquatic macrophytes to complete lifecycles and to support nutrient cycling. Variable flows and water levels also affect the area of woody habitat (snags) that is available to aquatic biota and the quality of epixylic biofilms that grow on them (Burns and Walker 2000; Ryder 2004). A key focus of LTWP targets is to ensure appropriate wetting–drying regimes. These are especially relevant in the middle and lower sections of rivers affected by weir pools or that receive extended periods of stable, elevated in-channel flows during the irrigation season.

Movement and dispersal opportunities for aquatic biota

Longitudinal and lateral connectivity allows organisms to move and disperse between environments. It can be essential for maintaining population viability by allowing individuals to move to different habitat types for breeding and conditioning, and by permitting recolonisation following disturbances like flood and drought (Amtstaetter et al. 2016). Flow pulses promote dispersal from the breeding site of early life stages for a range of species and maintain genetic diversity among catchments (Humphries and King 2004).

LTWP targets focus on maintaining longitudinal connectivity and integrity (timing, duration, magnitude and rate of rise and fall) of flow pulses along the entire length of rivers, including pulses originating from major tributaries and flows that connect with other catchments. Of equal importance in the LTWPs is maximising lateral connectivity between rivers and floodplain habitats including anabranches, billabongs, wetlands and floodplains.

Instream and floodplain productivity, and sediment, carbon and nutrient exchange

The supply of organic material underpins all food webs in aquatic environments by providing the energy needed to drive life. Productivity of a river, creek or wetland is influenced by the type of organic material, how much, and how often waterways connect with parts of the channel, riverbank and floodplain that store organic material. The sources of organic material, the timing of its delivery, and how long it remains in a section of river depend closely on the flow regime and the nature of the riparian and floodplain vegetation.

River flow management can be used to increase productivity by increasing the frequency of flows that connect and inundate river channels, benches, banks and floodplains. Re-wetting habitats (e.g. flood runners and creeks, in-channel benches, floodplains) following drying provides a pulse of terrestrial carbon available for potential use by consumers (Langhans and Tockner 2006). The flow of water enhances the physical breakdown of leaves, branches and other terrestrial detritus to support microorganisms (e.g. protozoa, copepods) and biofilms that in turn support invertebrates such as shrimp, juvenile fish, large fish and water birds (Mora-Gomez et al. 2015). Furthermore, mimicking the natural flooding and drying regimes in wetlands is likely to conserve and enhance macroinvertebrate assemblages (NOW 2011).

The reduction of lateral connectivity between rivers and floodplains has affected the transport of sediment, nutrients, carbon and biota to and from the river (Baldwin et al. 2016). Consequently, the amount of DOC entering the main channels is reduced because of less frequent wetting of benches, flood runners and floodplains (Westhorpe et al. 2010). Longitudinal connectivity is equally important and fulfils the important environmental function of transporting nutrients and sediments between environments (MDBA 2014).

Groundwater-dependent biota

Groundwater and surface water resources are inextricably linked and connections between surface and groundwater systems can vary considerably between systems (Stanford and Ward 1993). GDEs are natural ecosystems that are occasionally or wholly reliant on access to groundwater to maintain plant and animal communities (e.g. coolibah and black box woodlands) and ecosystem processes and services (Doody et al. 2017). Additionally, a unique and biodiverse stygofauna occupies the hyporheic and parafluvial zones connected with river channels and the alluvial aquifers that are dependent on surface water for recharge (Hancock and Boulton 2008; Hose et al. 2015; Humphreys 2006).

In some rivers of the MDB, groundwater plays an important ecological role in supporting terrestrial and aquatic ecosystems, particularly during extended dry periods when groundwater can be critical for maintaining refuges (pools) and floodplain vegetation (Amoros and Bornette 2002; Hancock et al. 2005). Instream pools and floodplain wetlands and lakes are extremely valuable refugia in riverine landscapes and groundwater plays a critical role in maintaining these during droughts.

Describing the EWRs needed to support PEFs involved reviewing peer-reviewed papers and reports, as well as incorporating input from subject matter experts. Scientific researchers and experts from government departments, private consultancies and universities provided input throughout the process by reviewing draft material developed by the LTWP planning team and contributing to a series of workshops^{[7](#page-37-0)}. Some of the outcomes from these workshops are captured in Appendix 10.7 and contributed to defining PEF EWRs. The main steps involved were:

- 1. describing the specific ecosystem processes that support each PEF
- 2. identifying where in a catchment the PEF is likely to occur (e.g. channels, floodplains, wetlands, etc.), the scale at which it operates and whether adjacent landscape units need to be connected for PEF outcomes to be supported
- 3. linking PEFs with the relevant flow categories and the optimal timing of those flows needed to support them, taking into account where in the catchment they are likely to exist. This step was largely informed by the Alluvium (2010) report
- 4. determining which LTWP objectives are supported by the PEF. Many of the other theme group objectives and targets are reliant on ecosystem functions and so their EWRs are intrinsically linked with EWRs to support ecosystem functions (e.g. EWRs to support native fish incorporate flows that support in-channel refugia, water quality, lateral and longitudinal connectivity, and productivity) [\(Table C.1,](#page-12-0) [Table C.2,](#page-21-0) [Table C.4,](#page-27-0) [Table C.5\)](#page-33-0)
- 5. developing the required flow regime to support each PEF in a catchment [\(Table C.6\)](#page-38-0)
- 6. refining the specific EWRs required to support a PEF in a specific planning unit or catchment:
	- a. informed by specific monitoring reports (including the Long Term Intervention Monitoring project (LTIM)), expert input or peer-reviewed papers that are location specific
	- b. important hydrological triggers for flows between catchments were informed by the timing and frequency of connectivity requirements for native fish and flow magnitudes required to support fish movement (e.g. weir drown out) (Appendix 10.2).

⁷ Workshops were held in Sydney in February 2017.

Table C.6 Important flow regime characteristics required to deliver LTWP PEF objectives

10.3.5. Flow requirements for frogs

Frogs occur in all aquatic habitats of the NSW MDB, from alpine meadows and rocky streams to ephemeral billabongs and vast floodplain wetlands. While all require water at some stage of their lifecycle, not all species have the same water requirements due to different behavioural and physiological adaptations. To describe the water requirements of frogs in the NSW MDB, similar species were grouped into hydroecological functional groups according to their habitat use, physiological adaptations and breeding requirements, based on the approach in Ocock et al. (2016)

The occurrences of all 60 frog species recorded in the NSW portion of the MDB since 1980 were reviewed first (NSW BioNet 2016). Of these 60 species, 19 were excluded from the LTWP process because <10% of their entire range occurred in the NSW MDB ('edge of their range' species) or they were considered no longer present there (based on Anstis 2017).

Each of the remaining 41 frog species were assigned to a group based on information in Amos (2017), Anstis (2017), Ocock (2013), Ocock et al. (2016) and Wassens (2010), and unpublished reports and observations from long-term monitoring in Murray River wetlands. The groupings in Ocock et al. (2016) were expanded to account for streamassociated species located in mid and upper catchment reaches of each water resource plan area (WRPA). The 4 hydro-ecological groups were defined as flow-dependent, flowstream, flow-ambivalent and flow-oblivious (Appendix 8.1, [Table C.7\)](#page-40-0).

Table C.7 Descriptions of the 4 different hydro-ecological groups for frogs

The key difference between the 4 groups was their reliance on free-standing water for survival and reproduction. Flow-dependent species are typically non-burrowing ground or marsh frogs that have limited ability to withstand drying. They are reliant on floodplain habitats for refuge, including wetlands, waterholes and creeks, and prefer to breed in recently inundated areas [\(Figure C.9\)](#page-41-0) (Ocock et al*.* 2016; Wassens and Maher 2011). Movement is generally restricted to within flooded areas and short distances (a maximum of 1 km) across land around the edge of regularly inundated wetlands or floodplains (Ocock et al. 2016). This group of species tends to have the strongest activity and breeding response to inundation of wetland habitat.

Environmental water delivery has been shown to provide opportunities for breeding in flow-dependent frogs. Managed flows can influence the timing, extent, duration and depth of inundation, to provide favourable conditions that match the refuge and breeding requirements of flow-dependent frog species. For example, as most flowdependent tadpoles require at least 3 months to complete development, water delivery can be managed to help ensure the duration of wetland inundation exceeds this development period, increasing the success of frog breeding. This approach has underpinned efforts to support the NSW endangered and nationally vulnerable flowdependent southern bell frog in the Murrumbidgee and NSW Murray–Lower Darling catchments (Wassens et al. 2019; Waudby et al. 2020).

The seasonality of breeding for each flow-dependent frog species is also described in Appendix 8.1 for some species where needed, to distinguish them from other flowdependent species that had flexible timing for breeding. This is important as threatened frog species such as the Sloane's froglet and southern bell frog, have specific seasonal breeding requirements and flow timings can influence the achievement of targets for specific threatened species objectives.

Figure C.9 Conceptual diagram of the life-stages of flow-dependent frog species, showing the key drivers and stresses for each life stage (from Ocock et al. 2018)

Frog species classified as 'flow-stream' are also highly reliant on water but are separated from flow-dependent species because they are strongly associated with small, rocky streams only, and do not occur widely in lowland floodplain wetlands. The breeding activity and successful tadpole metamorphosis of flow-stream species relies on sufficient flows in small creeks and streams, primarily in the mid and upper catchments, most of which are unregulated and not able to be targeted with managed

water deliveries. Most of these locations also fall outside the defined spatial boundaries for frog objectives and targets (DPIE–EES 2020).

The flow-ambivalent species have a higher resistance to water-loss than the flowdependent due to physiological and behavioural adaptations such as moderate resistance to loss of water through the skin and adopting water-conserving positions (Warburg 1965; Young et al. 2005). They also occupy a wider variety of habitat, often at greater distances from wetlands or waterbodies. Most arboreal tree frogs fit this category. For these species local weather patterns, particularly rainfall and warmer temperatures, have a stronger influence on movement and breeding than wetland inundation (Ocock et al. 2014). Similarly, burrowing frogs that dig into the soil and remain underground are closely associated with localised rainfall. Rain cues the emergence of these species and nearly all breeding takes place in temporary, shallow rain-filled depressions and waterholes. These species were categorised as flowoblivious. While these species may use and occasionally breed in floodplain wetland habitats, large-scale weather patterns that bring heavy localised rain are considered the most significant driver of flow-ambivalent and flow-oblivious species' ecology and breeding responses. Therefore, while the EWRs compiled for the flow-ambivalent and flow-oblivious species outline the flow conditions required for the species to use floodplain wetlands, their use of wetland habitat will mostly be due to coinciding rainfall and warm temperatures (Appendix 10.5).

LTWP targets and objectives were developed for the flow-dependent frog species only. Water management decisions will seldom directly influence or affect the refuge and reproductive outcomes of the other 3 frog groups. While they comprise an important component of the overall native frog community, they are not strongly associated with the flow regimes of wetland habitat in the WRPA used in developing NSW LTWPs.

Table C.8 Important flow regime characteristics required to deliver LTWP frog objectives

⁸ Important flow regime characteristics from Wassens (2010) and J Spenser and J Ocock (DPIE–Biodiversity and Conservation Division (DPIE–BCD), pers. comm. 2018)

10.3.6. Flow requirements for other water-dependent species

Other water-dependent species, such as woodland birds, some bats and snakes can often inhabit areas that are farther away from wetlands or waterbodies compared to frogs. While they may use and breed in riverine, riparian and floodplain wetland habitats, there is limited information available that describes these species' responses to flows to be able to quantify specific EWRs at this time. Further work is needed to determine how much influence water management has on the distribution of these species and any additional conservation actions that may be needed. These fauna groups should be considered for inclusion in future revision of the NSW LTWPs.

Within the MDB, platypus are most common in the headwaters or rivers and streams along the Great Dividing Range and become less common as you move further west (Scott and Grant 1997). Their ideal habitat is shallow rivers with a combination of riffles and pools with relatively steep banks with overhanging riparian vegetation (Scott and Grant 1997). Platypus numbers and foraging activity show a strong positive correlation with the number of trees, shrubs and low-growing plants growing on stream banks and overhanging the water (Serena and Williams 2010). An appropriate flow regime for platypus [\(Table C.9\)](#page-44-0) would therefore need to support riparian vegetation to help stabilise the riverbanks they use for their burrows, while also avoiding sudden falls in water level to avoid bank collapse (Scott and Grant 1997).

Environmental watering requirements for platypus must also support suitable benthic habitat to ensure a good food supply of invertebrates. Appropriate flow velocities through riffle and pool areas are also required to provide calm water sections for resting and easy movement through riffle areas (Scott and Grant 1997). Platypus may avoid foraging in strong currents if habitats with slower-moving or still water are available (Serena and Williams 2010). Additionally, cold water pollution might have indirect effects on platypus by reducing the abundance of benthic invertebrates and hence the availability of food (Scott and Grant 1997).

⁹ DPIE–BCD observations of successful breeding in private wetlands in Murray (DPIE–BCD unpublished data).

Sufficient permanent pools must be present in the system to sustain platypus populations through low or no flow periods (Serena and Williams 2010). CF periods must not be too long, and low flows must be supported to avoid harmful deterioration of water quality in pools. Larger water pulses (small fresh to bankfull) can help flush pools of sediment and improve water quality and productivity and are particularly important during periods of drought (Serena and Williams 2010). Large freshes can also improve the extent and productivity of foraging habitats for platypus before breeding (Serena and Grant 2017).

Small weirs with wall heights of 3 m or less do not appear to prevent the dispersal or movement of platypus (Scott and Grant 1997); however, they are unable to negotiate vertical concrete structures (such as dam or weir walls) and these are a significant barrier to movement (Serena and Williams 2010). Bankfull and overbank flows are therefore important in areas that are impacted by larger structures to support platypus movement across their habitat range. Ideal generic EWRs to support platypus can be found in Appendix 10.6.

Table C.9 Important flow regime characteristics required to deliver LTWP other species (platypus) objectives

10.4. Determining environmental water requirements for each catchment integrating all species and functions

This step entailed defining a set of EWRs (or flows) that will meet the ecological requirements of multiple themes (waterbirds, native fish, etc.) in each catchment. This involved looking at overlap and alignment between the generic EWRs for each of the themes and then defining the full set of flows (EWRs) and their characteristics (magnitude, timing, frequency, etc.) that would achieve all environmental objectives in the catchment. Consequently, EWRs are generally linked with multiple objectives.

Taking the 'large fresh' flow category as an example, the generic EWRs for native fish indicated the need for 2 specific large freshes for flow pulse specialist native fish (e.g. golden perch):

- a large fresh for dispersal, productivity and pre-spawning condition in winter–early spring
- a large fresh for spawning between October and April.

Both were typically short duration events (at least 5 days or up to 15 days in some catchments). Consultation with experts, published information and the outcomes of previous environmental watering indicated that these EWRs would also likely support several ecosystem function objectives such as nutrient and carbon transport and dispersal of other biota. We considered the presence of flow pulse specialist fish in each catchment and if the functional group was present or had the potential for being established, the EWRs were included in the catchment-scale EWRs as large fresh 1 (LF1) and large fresh 2 (LF2).

These EWRs however, did not always meet the duration requirements of native nonwoody vegetation occurring in river channels or low-lying wetlands connected by large freshes. In this case, a third large fresh EWR (large fresh 3, LF3) was defined for some catchments and had a longer duration than LF1 and LF2 to meet the requirements of native vegetation. The catchment EWRs are designed in such a way that if the longer duration LF3 occurs in the timing window of either LF1 or LF2, we would consider that LF1 and/or LF2 were also met in that year and would not need to be delivered in addition to LF3. Note for some catchments different large freshes were developed (e.g. a different LF3 specifically for Macquarie perch in the Murrumbidgee).

Similarly, for overbank flows, we considered alignment of the generic EWRs for native fish, native forest and woodland vegetation, non-woody wetland vegetation, waterbirds, frogs and ecosystem functions such as productivity. In the Gwydir catchment for example, there are 5 distinct overbank events (EWRs) recommended targeting different outcomes. As examples:

- Overbank 1 (OB1) is recommended 7–8 years in 10 from September–March for 2–8 months of habitat inundation, primarily targeting lignum regeneration and productivity but is also likely to benefit frogs, waterbirds and other vegetation communities.
- Overbank 2 (OB2) is set to occur less frequently (4–7 years in 10) and with slightly different timing (October–April), primarily targeting spawning of floodplain specialist fish species, river red gum, black box, coolabah and lignum maintenance, and productivity – but also delivering a range of other outcomes for waterbirds and other species.

The EWR characteristics were tailored to each catchment and in the case of large, complex catchments, to different areas of each catchment. So LF3 (in catchments that had this for vegetation objectives) may have a slightly different duration, timing or frequency in different catchments due to differences in hydrology, species composition, and characteristics of how rivers connect with low-lying wetlands and anabranches (filling and retention times), where such information was available.

Catchment-scale EWRs were developed in close consultation with environmental water managers, technical experts (e.g. fish and waterbird ecologists), asset managers and river operators. Analysis of observed and modelled flow time series, including the natural 'without development' flows was also used to inform the process (see Section [10.7\)](#page-47-0).

10.5. Determining specific environmental water requirements for each planning unit

This step entailed applying and refining the catchment-scale EWRs to appropriately support each individual planning unit, and identifying specific magnitudes for each flow category. This involved:

• identifying the relevant catchment-scale EWRs for the planning unit by considering the identified environmental assets, objectives and targets for each planning unit (the process by which assets, objectives and targets were determined is described in more detail in Chapters 3–8 in Part B)

- for each planning unit, identifying the relevant flow rates for each of the flow categories. This was undertaken using multiple sources of information including floodplain inundation mapping, vegetation mapping, satellite imagery, channel survey data, aquatic habitat mapping, input from DPI Fisheries staff, river operations and environmental water managers, and analysis of flow data
- combining the catchment-scale EWRs with the flow rates to define the planning unit EWRs, taking into account any more accurate local knowledge on ecological needs and characteristics of the local flow regimes (e.g. typical duration of flow events)
- refining the specific EWRs using analysis of observed and modelled flows, repeating these steps as required.

10.6. Determining flow rates for environmental water requirements

Information available to assist in defining flow rates for EWRs is spatially variable across the NSW MDB. In each catchment the best available information has been used, in combination with the knowledge of environmental water managers, river operators, DPI Fisheries staff and other recognised experts. This process recognised the limitations of using single points, such as gauges, in a system to represent flow rates across an entire planning unit.

Specific flow rates were not developed for areas that are unregulated. Flows in these areas can only be protected through controls on extraction. The primary mode of water management is through rules in the WSPs that govern access to water for consumptive use. This means the water requirements of priority assets and functions are managed through the policy mechanisms that govern planned environmental water (PEW) in these areas. The process for developing recommendations for review of certain policy mechanisms to better support important environmental flows is described in Chapter 9.

A summary of the process and information sources used to develop flow rates for EWRs is provided below. For more detail refer to descriptions of the specific information sources used in each catchment.

10.6.1. Bankfull and in-channel flows

Bankfull flow rates were typically the first to be determined as they are important in determining flow rates for other flows. Bankfull flow rates were informed by a number of information sources and analyses including:

- river cross-sections including from gauge sites
- documented CTF levels for anabranches, wetlands and floodplain areas
- floodplain inundation models (where available)
- remote sensing imagery collected during observed high flow events (where available)
- knowledge of river operators and environmental water managers
- flow percentiles, as described in Alluvium (2010)
- NSW State Emergency Service flood warning levels
- other projects that have sought to define bankfull flow rates (e.g. Page et al. (2005) for the Murrumbidgee or Stewardson and Guarino (2017) for LTIM).

Once bankfull flow rates were identified, flow rates for in-channel flows were determined using the following information sources:

- guidelines provided by DPI Fisheries on the hydraulic requirements for in-channel flows to achieve fish outcomes, in combination with river cross-section data, rating curves and flow velocity recordings:
	- very low flows (or baseflows in some catchments) ideally velocity 0.03– 0.05 m/s to maintain water quality by preventing stratification in refuge pools (Mitrovic et al. 2003)
	- baseflows ideally depth >0.3 m above CTF to enable small and moderatebodied fish movement (Gippel 2013; O'Connor et al. 2015)
	- small freshes ideally depth >0.5 m above CTF to enable large-bodied fish movement (Fairfull and Witheridge 2003; Gippel 2013; O'Connor et al. 2015)
	- large freshes ideally depth >2 m above CTF and velocity \geq 0.3–0.4 m/s to support flow specialist fish spawning and movement (Bice et al. 2017; Mallen-Cooper and Zampatti 2015; Marshall et al. 2016)
- analysis of channel form using the approach developed by Stewardson and Guarino (2017)
- local hydraulic habitat mapping describing flows required to inundate in-channel benches and woody habitats
- CTF thresholds for low-lying wetlands and anabranches that connect at below bankfull flow levels where this was available from grey literature, river operators, or environmental water managers
- flow analysis to identify the frequency of occurrence for flows of different magnitudes
- documented ecological outcomes from previous environmental watering actions
- local knowledge of river operators and environmental asset and water managers
- hydraulic models (only available in a very limited number of locations).

10.6.2. Overbank and wetland inundating flows

Overbank flows are typically for wetland and floodplain vegetation objectives, together with waterbird and broader riverine productivity objectives. Where floodplain inundation mapping was available, this was overlaid with vegetation mapping to identify the flow rates or volumes required to inundate specific vegetation communities.

Where inundation mapping was not available, flow rates or volumes were determined based on documented CTF levels, observed outcomes from past flow events (including assessment of satellite imagery), assessment of average recurrence intervals (ARI) of different flow rates, and using knowledge of river operators and environmental water managers.

10.7. Flow analysis to inform refinement of environmental water requirements

The EWRs developed though the processes described above were informed by and refined using analysis of observed and modelled flow time series. Within each planning unit, flow time series were collated for gauges considered to be representative of flows across the planning unit [\(Table C.10\)](#page-48-0).

Table C.10 Flow data used to inform and refine EWRs

At most gauges all 3 types of flow time series were available. At a small number of gauge sites only one or 2 data types were available.

All available time series were used to inform and refine EWRs. This approach recognises that each of the data types have their strengths and weaknesses. For example, river system models, given their long record period, provide a useful basis for assessing EWRs against a range of climate conditions; however, can give a poor representation of low flow conditions (e.g. for the Barwon–Darling system see CSIRO (2008), Vertessy et al. (2019)). Observed flows on the other hand can have a limited length of record, gaps in the data, and uncertainties (e.g. some gauges do not effectively capture floodplain flows). EWR development was undertaken with an awareness of such limitations and used multiple sources of information to reduce such uncertainty.

Analytical tools were developed to characterise flow regimes at the selected gauges to inform EWRs (e.g. identify the typical timing/seasonality and duration of flow events), and also to assess the extent to which the proposed EWRs were met under modelled and observed conditions. In assessing EWRs, the tools identify events that either

exceed the minimum flow (exceedance events) or are between the minimum and maximum flows (in-band events), for the required duration, within the timing window (if specified). Events may commence prior to the timing window, or cease after the timing window, so long as the required duration is met within the timing window. Similarly, if no timing window is specified, events may commence in the previous year, or end in the following year, so long as the required duration is achieved within the given year.

In assessing and refining the EWRs the following principles were applied:

1. EWRs must be consistent with the local hydrology and achieved historically

- Hydrology varies significantly across the MDB. To ensure EWRs are realistic and achievable they must be consistent with the local hydrology; for example, the typical timing and duration of flows at a site.
- EWRs seek to reinstate aspects of the historical flow regime that are critical to achieving the environmental objectives, or retain aspects of the current (or recent past) flow regime that are important.
- Those EWRs that seek to reinstate aspects of the historical flow regime must either be assessed to have occurred under modelled without-development conditions or assessed to have occurred under observed flow conditions prior to major river regulation and extraction^{[10](#page-49-1)}.
- Those EWRs that seek to retain aspects of the current (or recent past) flow regime must either be consistent with modelled current conditions, and/or assessed to have occurred under observed flow conditions during a recent, relevant time period¹⁰.

2. EWRs may enhance current flows in modified systems, where appropriate

In some situations, it may be appropriate to enhance the current flow regime to support existing environmental assets or values; for example, providing low flows in some regulated streams to provide drought refuge habitat for fish populations that have established in the regulated conditions. In these instances, the criteria under principle 1 may not be met, but the EWR should be achievable with management of environment water.

3. Within a catchment, EWRs should follow a logic across and between planning units

Within a catchment, EWRs across planning units will typically be achieved by the same flow events, taking into account tributary inflows, attenuation and losses through floodplain storage, evaporation and infiltration. Accordingly, there should be a logic or level of consistency in EWRs between planning units, whilst also recognising that geomorphology and ecosystems are spatially variable. This consistency and logic should also apply across and between connected catchments, especially at their junctions.

EWRs were assessed against these principles and refined where required in an iterative process.

10.8. Protection of ecologically important flow categories in unregulated planning units

Specific EWRs were not able to be set for all priority water-dependent environmental assets. In unregulated river systems, hydrological models do not typically exist with the same level of accuracy as regulated systems and there are often fewer (if any) gauges

¹⁰ Except where there are recognised issues with the model data and insufficient observed data are available to effectively refine the EWRs.

in these areas. This makes setting EWRs challenging. In addition, water cannot be delivered through a regulating structure in these areas, so the most effective means of protecting environmentally important flows is through the rules in the catchment's unregulated WSP. In these instances, potential changes to the unregulated WSP were investigated to reduce extraction pressure on instream flows in planning units with moderate to high levels of impact and high ecological values within the next 5 years. These recommendations are outlined in Part B of the 9 NSW LTWPs.

Work completed as part of the NSW risk assessments^{[11](#page-50-1)} was used to help identify unregulated planning units whose flows are currently impacted by extraction pressure from existing water entitlements (DPIE–Water 2019).

For each planning unit that is unregulated or has significant unregulated sections, information is presented on the hydrology and the degree of alteration, by comparing flows under modelled near natural conditions (with no dams or water extractions) and flows under modelled current (post-development) conditions. [Table C.11](#page-50-0) describes how the hydrology changes are presented for each planning unit. In addition, flow estimates for the 80th percentile, 50th percentile, 20th percentile, 1.5 ARI, 2.5 ARI and 5 ARI are presented in the LTWPs for most of the unregulated planning units.

Table C.11 Key to hydrological alteration used in the NSW LTWPs

Key from DPIE–Water 2019

L = Low: <20% difference (+/–) from modelled without development for the hydrologic metric

M = Medium: 20–50% difference (+/–) from modelled without development for the hydrologic metric

H = High: >50% difference (+/–) from modelled without development for the hydrologic metric

N/A = no risk outcome or no hydrological modelling data available

Occasionally there was no gauge present in the planning unit. In these cases, a nearby gauge in another planning unit was used if the flows in the 2 systems were similar and they had similar levels of extraction. In areas where there are a number of tributaries that exist in a planning unit, but no main channel, the largest stream or the stream with the most entitlements on it will be used to estimate flows and extraction pressure for the entire planning unit. In other cases, planning units were not modelled at all as they either had few water entitlements in them (and therefore negligible extraction pressure) or their flows were associated with the regulated river.

To focus attention, areas that will most benefit from reviewing rules in the unregulated WSP to better protect environmentally important flows were considered before any recommendations were proposed. [Table C.12](#page-51-0) outlines all potential management strategies considered and how the relevant planning units were identified.

This approach is consistent with the NSW macro planning method for pools (NSW Office of Water 2011), which recommends that water access rules for in-river and off-river (wetland) pools be reviewed and alternative rules considered where moderate or high risks to instream environmental values are identified.

¹¹ NSW risk assessments were completed for each catchment as part of the NSW Water Resource Packages (DPIE–Water 2019a-i)

Table C.12 Potential management strategies to protect environmentally important flows in unregulated planning units and criteria for identifying key areas for them to be implemented in relevant unregulated WSPs

 12 Limited or no flow data exists when there is no gauge in the planning unit and it has an area factor >0.2 difference from 1, or the percentage of estimated data in the sequence is >5%

¹³ This is in line with the Basin Plan (Section 7.15(2)) requirement to protect delivered environmental water. It is also recommended by the Matthews reports (2017a,b).

Shortened forms

Glossary

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